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MYCELIUM CONNECTION

PRODUCT MANUAL — MAGIC TRUFFLES & MICRODOSING TRUFFLES

Your Mondo Magic Truffles

How to store them, how long they keep and how to tell they are still fresh. A short guide for every Mondo truffle pack.

SUITABLE FOR

All Mondo magic truffles and Mondo microdosing truffles

THE ONE RULE THAT MATTERS MOST

Into the fridge, straight after delivery.

Magic truffles are a fresh product. Cold, dark and sealed keeps them firm, fresh and at their best for as long as possible.

2–7 °C
in the fridge

Date it
note the delivery date

Keep sealed
until you use them

STORE THEM LIKE THIS

1 Fridge right away

Unpack your order on the day it arrives and put the truffles in the fridge.

2 Leave the pack closed

Only open it when you are about to use the truffles. Do not rinse them.

3 Dark and stable

Back of the fridge, not in the door, where the temperature changes every time you open it.

4 Oldest pack first

Write the delivery date on each pack and always use the one you received first.

STORAGE & SHELF LIFE

How long do they keep?

Shelf life depends on one thing: how cold and how sealed you keep them.

Unopened, in the fridge	**Several weeks** Keep them in the original pack at 2–7 °C, at the back of the fridge, away from strong-smelling food. Fresh is best: the sooner you use them, the better.
Opened, in the fridge	**As soon as possible** Once air gets in, truffles age much faster. Close them airtight and use them within a few days.
Outside the fridge	**Only briefly** Transport and a short time at room temperature are fine. Warmth and light shorten shelf life quickly — never leave them in the sun, a car or near a heater.
In the freezer	**Not recommended** Freezing damages fresh truffles: they turn soft and watery and lose quality.

WHY YOUR PACK MAY LOOK SLIGHTLY PUFFED

Packed in a protective atmosphere — on purpose

Mondo truffles are **not vacuum-sealed**. We fill each pack with a protective gas that keeps the truffles fresh for longer and stops them from being pressed together. A pack that looks slightly inflated on arrival is completely normal.

BEFORE YOU USE THEM

Fresh or past it?

Take a quick look and smell every time you open a pack.

Fresh — good to use

- Firm to the touch, like a hazelnut or a small mushroom stem
- Light to dark brown, sometimes with darker or bluish spots
- Earthy, mushroom-like smell
- Kept in the fridge since delivery

Stop — do not use

- Slimy, mushy or very soft
- Sour, musty or rotten smell
- White, green or fuzzy mould
- Pack keeps swelling after arrival or is leaking
- Left out of the fridge for days or stored warm

MICRODOSING — MAKE ONE PACK LAST

1 Open on day one

Only open the pack on the day you take your first dose, not earlier.

2 Portion straight away

Cut the truffles into your doses with a clean knife and weigh them on a small scale.

3 Airtight, in the fridge

Keep the portions in a small airtight container and take out only what you need.

4 Write it down

Note the opening date on the container so you know how long they have been open.



IN DOUBT? LEAVE IT OUT.

Never use truffles that look, smell or feel wrong. Take a few photos of the truffles and the pack, and contact Mondo customer support.

USE THEM RESPONSIBLY

Good to know

A few basics for a safe and comfortable experience.

- **18+ only.** Keep truffles out of reach of children and pets.
- **Start low.** Take a small, measured amount and wait before taking more.
- **Never drive** or operate machinery after use.

- **Do not combine** with alcohol, other drugs or medication such as antidepressants.
- **Not suitable** when pregnant, breastfeeding or with a (family) history of mental health conditions.
- **Know your local laws** before ordering or using.

TOOLS AND SUPPORT

Dosage Calculator

Work out a measured amount before you use anything.

mondogrowkits.com/magic-mushroom-dosage-calculator

CUSTOMER SUPPORT

Questions about freshness, storage or your delivery? Our team is happy to help.

mondogrowkits.com/contact

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